

BUDDHA PŪJĀ

◆ BOJANA DĀNA ◆

Offering of Food

**Subojananam aham dammi
Uddissa lokanāyakam
Iminā puññakammena
Vinneham kuddachāhakam**

I offer fine food to the Buddha
Supreme lord of the world
By this meritorious act
May I be free from the hunger of craving.

◆ PĀNIYA DĀNA ◆

Offering of Water

**Supaniyam aham dammi
Uddissa lokanāyakam
Iminā puññakammena
Vineyyam pariḷāhakam**

I offer water to the Buddha
Supreme Lord of the world
By this meritorious act
May I be free from the thirst of craving

◆ PUPPHA DĀNA ◆
Offering of Flowers

Supupphakaṃ ahaṃ dammi
Uddissa lokanāyakaṃ
Iminā puññakemmena
Vineyyaṃ āmagandhakaṃ

I offer flowers to the Buddha
Supreme Lord of the world,
By this meritorious act
May I be free from the odor of mortality

◆ DĪPA DĀNA ◆
Offering of Light

Supadīpaṃ ahaṃ dammi
Uddissa lokanāyakaṃ
Iminā puññakammēna
Vineyyaṃ andhakāraṃ

I offer light to the Buddha
Supreme Lord of the world
By this meritorious act
May I be free from the darkness of illusion

◆ **GANDHA DĀNA** ◆

Offering of Incense

Sudhūpakam̐ aham̐ dammi

Uddissa lokanāyakam̐

Iminā puññakammēna

Vineyyam̐ vissagandhakam̐

I offer incense to the Buddha

Supreme Lord of the world

By this meritorious act

May I be free from the odor of immorality

◆ **BUDDHANUSSATI** ◆

Reflections on the Qualities of the Buddha

Itipi so Bhagavā

He, the omniscient Buddha, is a person who is:

Araham̐

Worthy of veneration

Sammā sambuddho

Rightly self-awakened

Vijjācaraṇa saṃpanno

Endowed with supreme knowledge and virtuous conduct

Sugato

Well spoken

Lokavidū

Knower of the world

Anuttaro Purisa Dammasārathi

The incomparable leader, capable of taming all beings

Satthādeva Manussānaṃ

Teacher of Gods and humans

Buddho

Awakened

Bhagavā

Blessed

◆ **DHAMMĀNUSSATI** ◆

Reflections on the Qualities of the Dhamma

Svākhāto Bhagavatā Dhammo

The Dhamma is well-proclaimed

Saṅdiṭṭhiko

Visible here and now

Akāliko

Not delayed

Ehipassiko

Inviting inspection

Opaneyyiko

Onward Leading

Paccattaṃ Veditabbo Viññūhi

Experienced by the Ariyas

◆ SANGHĀNUSSATI ◆

Reflections on the Qualities of the Saṅgha

Suppaṭipanno Bhagavato Sāvaka Saṅgho

The community of disciples of the Blessed One who undertake the Noble Training;

Ujupaṭipanno Bhagavato Sāvaka Saṅgho

The Community of Disciples of the Blessed One who practice faultless bodily, verbal and mental actions;

Ñāyapaṭipanno Bhagavato Sāvaka Saṅgho

The Community of Disciples of the Blessed One who practice properly to be free from suffering and attain Nibbāna;

Sāmīcippaṭipanno Bhagavato Sāvaka Saṅgho

The Community of Disciples of the Blessed One, who practice accordingly, worthy of veneration by others;

Yadidaṃ Cattāri Purisa Yugāni

Aṭṭha Purisa Puggalā

Esa Bhagavato Sāvaka Saṅgho

The Community of Disciples of the Blessed one, that is:
The four pairs of persons and the eight individual persons;

Āhuneyyo

Who are fit for gifts from near and far;

Pāhuneyyo

Who are fit to receive food from beloved friends;

Dakkiṇeyyo

Who are fit to receive gifts out of belief for future good results;

Añjalīkaraṇīyo

Who are fit for reverential salutation;

Anuttaraṃ Puññakkhettaṃ Lokassa

Who are an incomparable field of merit for the world.

◆ PAṬIPATTI PŪJANĀKĀRA ◆

Paying Respect to the Practice of the Buddha's Teachings

Buddho so bhagavā bodhāya Dhammaṃ deseti

The Blessed One is enlightened and he teaches the Dhamma for the sake of enlightenment

Danto so bhagavā dhamathāya Dhammaṃ deseti

The Blessed One is tamed and he teaches the Dhamma for beings to tame themselves.

Santo so bhagavā samathāya Dhammaṃ deseti

The Blessed One is at peace and he teaches the Dhamma for the sake of peace

Tiṇṇo so bhagavā taraṇāya Dhammaṃ deseti

The Blessed one has crossed over and He teaches the Dhamma so that beings may cross over.

Parinibbuto so bhagavā parinibbānāya Dhammaṃ deseti

The Blessed One has attained Nibbāna and he teaches the Dhamma so that beings may attain Nibbāna.

◆ PAÑCA GUṄO ANANTO ◆

Five kinds of endless gratitude

Buddha guṇo ananto...

Buddha, with our endless gratitude

Dhamma guṇo ananto...

Dhamma, with our endless gratitude

Saṅgha guṇo ananto...

Sangha, with our endless gratitude

Mātapitu guṇo ananto...

Both my parents, with our endless gratitude

Ācariya guṇo ananto...

Noble teachers, with our endless gratitude